

CALENDAR

March is Women's History Month!

March 1 **WHM: "Epiphany: The Third Gift,"** T116, Noon
 March 2 **"I am a Sufi, I am a Muslim,"** M300, 12-1:20pm
 March 2 **Men's & Women's Tennis vs. Reedley** at CRC, 1pm
 March 2 **Baseball vs. Fresno** at CRC, 2pm
 March 2 **Softball vs. SCC** at CRC, 3pm
 March 2 **WHM: "Celebrating Powerful Female Characters through Poetry and Prose,"** LRC 105, 7-8:30pm
 March 3 **"Tips on Safe Banking on the Internet"** SDO Series, 12-1pm
 March 3 **WHM: "The Bride Market of Imilchil,"** SOC Conf. Rm., 12-1pm
 March 3 **Men's and Women's Tennis vs. College of the Sequoias** at CRC, 1pm
 March 3 **EOPS Life Workshop, "Time Management,"** 5:30-6:30pm, BS 126
 March 4 **EOPS Skills Workshop, "Anger Management,"** 12:30-1:30pm, BS 163
 March 4 **WHM: "Gender and Education,"** Recital Hall, 2:30pm
 March 5 **Income Tax Return prep service,** 9:30am-2pm, BS 145A
 March 5 **Math League Contest,** 11:30am-1:30pm, P 48
 March 5 **WHM: "Soldiers Project,"** 12:30pm, Recital Hall
 March 5 **Little Shop of Horrors,** 8pm, Black Box Theatre
 March 6 **Little Shop of Horrors,** 8pm, Black Box Theatre
 March 7 **Little Shop of Horrors,** 2pm, Black Box Theatre

FACULTY/STAFF HIGHLIGHTS

Nutrition Professor **Dana Wassmer** has written another article, this time discussing the latest diet craze, the gluten-free diet. Originally designed for individuals with celiac disease, people are now attempting to use it as a weight loss diet. <http://www.cccfcs.com/uploads/Nutrition/NFSCA%2009-10/Gluten-Wassmer-Feb-10-final.pdf>

Torence Powell, our new Director of GreenForce projects is now on campus where he'll be aiding faculty in coordinating several of the sustainability-based grants that CRC and the Los Rios District have been awarded to create green certificate and degree programs. He'll also be recruiting students locally into the program, and coordinating with local green sector employers to create a pipeline for program graduates to gain employment. Torence said: "I am VERY EXCITED to be here! Cosumnes is a very special place, and I am overwhelmed by the commitment of faculty and staff to serve our students and continuously improve what we do. It's good to be back home at CRC, where I first started my journey through higher education!" Stop by and say hello sometime...his office is BS 116.



Photography Professors **Patty Felkner, Kathryn Mayo and Jim West**, along with Councilmember **Sandy Sheedy** invite everyone to **A Day in the Life of North Sacramento** art show and reception tonight, March 1, from 5:30-7:30 pm in City Hall Art Gallery, 915 I Street. There will be 25 of the best images from the Day in the Life Project on display until May 1. The project included several hundred photography students, elementary students, high school students and community members who walked around Del Paso Heights one day last spring taking photos of everyday life in the neighborhood. Thousands of images were then judged and the best were hung in a gallery showing. The best of those images are now in the City Hall Art Gallery.

FOR YOUR INFORMATION

Cameras have been installed around campus as part of the district's Preparedness Assessment Team's activities to find ways to improve campus safety and security. CRC has a total of 12 cameras. There is one on top of the blue emergency phones in each parking lot and then one at each entrance and exit. They have already been effective at CRC as they were instrumental in identifying an alleged suspect and catching the person who hit a parked car on campus and then left the scene. Captain **Cheryl Sears** said "The cameras are a huge deterrent to criminal activity and another tool to assist us in providing the safest possible environment for our college community."

PICTURE(S) OF THE WEEK... BLACK HISTORY MONTH CONCLUDED WITH ITS HONORS & AWARDS NIGHT AND A PRESENTATION BY TRAVIS PARKER ON THE AFRICAN AMERICAN PERSPECTIVE.



STUDENT HIGHLIGHTS

The California Community College Commission on Athletics (COA), and the California Community College Athletic Association are going to honor one of our softball players from the last two years, **Markie Benavidez**. She will be honored at the COA/CCCAA Convention March 31st during the Student Athlete luncheon, specifically on the Scholar Athlete Honor Roll.

Four of our student singers have been selected to attend the Collegiate Honor Choir (2 and 4-year schools) at the American Choral Directors Association Western Division Convention in Tucson, Arizona. They will join collegiate singers from the five western states, Arizona, California, Hawaii, Nevada and Utah for rehearsal and honor choir performances which will culminate at the convention. Together with their instructor, Music Professor **Kathryn Smith**, they will be singing and attending the convention from March 3 through March 7, 2010.

Special congratulations to:
Gayb Cordero, soprano
Zakiyyah Hill, alto
Phu Le, tenor
Giordan Salangsang, bass

Congratulations to music student **Tyler Baldwin** who has been accepted to the prestigious San Francisco Conservatory of Music.

The **Students in Free Enterprise Business Club (SIFE)** has partnered with the Campbell's Let's Can Hunger Challenge to provide Urgent Hunger Relief, Lasting Hunger Relief, and Hunger Awareness in our local community. Proceeds benefit the Elk Grove Food Bank Services and other local food banks. SIFE's goal is to collect 5000 cans by April 4th. Donation bins are placed around campus.

DIVISION HIGHLIGHTS

Little Shop of Horrors continues! An exclusive showing for CRC staff, faculty and students will be held March 4 at 2pm in the Black Box Theatre. All tickets are only \$10. Contact Theatre Professor Cheri Fortin for tickets or more information!

Additional Showtimes:

March 5th @ 8:00 p.m.
 March 6th @ 8:00 p.m.
 March 7th @ 2:00 p.m.
 March 12th @ 8:00 p.m.
 March 13th @ 8:00 p.m.
 March 14th @ 2:00 p.m.

Ticket Prices:

\$18.00 General Admission
 \$15.00 Students, Faculty, Staff, SARTA Members, League of Sacramento, Theatres Member
 ***SPECIAL Family 4 Packs Only \$50.00



The **blood drive** last week was the best turnout ever. CRC broke a new blood drive record. Over two days the drive registered 207 donors and collected 158 pints of life saving blood! We also had 69 first time donors come out.

Men's Basketball:

2/27 Hosted the 2nd Round of Playoffs VS. Cabrillo College and WON 95-83! They will Host the 3rd Round of Playoffs This Coming Saturday (3/6) Vs. Foothill College at 7:00 PM
 Overall Record: 23-5

Baseball:

2/23 Vs. Chabot College Won 6-1
 2/26 and 2/27 Vs. Shasta College-Rained Out
 Overall Record: 6-2-1

Softball:

2/25 Double Header
 Game 1: Vs. Napa Valley College Won 10-2 (6 Inn)
 Game 2: Vs. Solano College Lost 4-1
 2/28 Double Header
 Game 1: Vs. West Hills College Won 7-0
 Game 2: Vs. San Jose College Won 1-0
 Overall Record: 9-5

Men's Tennis:

2/23 Vs. College of Sequoias Won 5-4
 2/26 Vs. Fresno City College Lost 9-0
 Conference Record: 1-1
 Overall Record: 1-5

Women's Tennis:

2/23 Vs. College of the Sequoias Lost 9-0
 2/26 Vs. Fresno City College Lost 6-3
 Conference Record: 0-2
 Overall Record: 0-5

PROFESSIONAL DEVELOPMENT

Mar. 1 **D2L: Intro- part 2 of 4**, 12-2pm, Library Gallery
 Mar. 2 **Equity Training-Advanced**, 3:00-4:30pm, PCR
 Mar. 3 **Using YouTube in the Classroom**, 11am-12pm, CASSL
 Mar. 3 **DEMS- You Pick the Topic**, 1-2pm, L125
 Mar. 4 **Your Image-Fashion Sense w/Chicos Fashions**, 2-3:30pm, TBA
 Mar. 5 **Drop in Writing/Assessing SLOs**, 9-10am, CASSL
 Mar. 5 **DEMS- You Pick the Topic**, 11am-12pm, L125,
 Mar. 5 **FACTS: Shared Governance Responsibilities**, 1-2:30pm, PCR