

Psychology

Humanities & Social Science

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Program Description

Psychology concerns itself with the study of behavior of humans and other animals. Part of its appeal and fascination is the fact that it involves both pure science and the practical application of science to matters of everyday life. Those pursuing psychology as a field of study will find many Career Opportunities centering around helping others understand, predict and control their own behavior and the behavior of others. Training in psychology also provides a valuable foundation for other professions that deal with people.

Career Opportunities

Career Opportunities as educators, scientists, consultants, practitioners and mental health professionals with some of the following titles:

Administration	Behavior Analyst
Childcare Worker	College Professor
College Counselor	Social Services
Counselor	Human Services Specialist
Marketing Specialist	Personnel Analyst
Probation Officer	Psychiatric Tech/Aide
Psychologist	Psychometrist
Public Survey	Research Therapist
Training/Development	Specialist
Ward Attendant	Youth Supervisor

Some Career Opportunities may require more than two years of college study.

Highlights

- Exemplary instructional staff that includes authors and researchers
- Varied course offerings including psychology of women and human sexuality
- Psychology courses complement AA degrees and/or certifications in many other fields: communications media, early childhood education, human services, interdisciplinary studies, marketing/business, health/medicine, consumer affairs, and the military.

NOTE:

Transferable courses may or may not satisfy lower division major preparation, general education, and/or elective requirements. Please meet with a counselor for specific transfer course evaluation.

For information about the student learning outcomes for this program, see <http://www.crc.losrios.edu/pslo>

PSYCHOLOGY (PSYC)

PSYC 300

General Principles

3 Units

Prerequisite: None

General Education: AA/AS Area V(b); CSU Area D9; IGETC Area 4I

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is an introduction to the scientific study of human behavior. Topics include scientific method, the biological basis of behavior, sensation, perception, consciousness, conditioning and learning, memory, cognition, developmental psychology, motivation, emotion, stress and health, personality, abnormal psychology, psychotherapy, and social psychology. PSYC 300 is designed for psychology majors, behavioral science majors, and other students who desire a comprehensive overview of general principles of contemporary psychology.

PSYC 301

Laboratory for Introductory Psychology

1 Unit

Prerequisite: None

Course Transferable to CSU

Hours: 54 hours LAB

This course complements and amplifies the lectures from both PSYC 300 (General Principles) and PSYC 351 (Human Behavior) by providing laboratory activities correlated with each topic area presented in class. These activities provide opportunities for active data gathering, hypothesis testing and further investigation of psychological topics and principles. While the course is intended to amplify topics in PSYC 300 and 351, the course is open to everyone. Concurrent enrollment in PSYC 300 and 351 is not required.

PSYC 312

Biological Psychology

4 Units

Prerequisite: None

General Education: AA/AS Area IV; CSU Area B2; CSU Area B3;

CSU Area D9; IGETC Area 5B

Course Transferable to UC/CSU

Hours: 54 hours LEC ; 54 hours LAB

This course examines the biochemical, cellular, and organismal physiological substrates of normal and abnormal behavior. The course content focuses on interactions of the central nervous system, peripheral nervous system, endocrine and immune systems to produce consciousness, sensation, perception, thinking, motivation and emotion. These areas will be addressed within an evolutionary context that emphasizes developmental plasticity of the individual and the species. Current methods of obtaining data (e.g. neuroimaging techniques) will be examined and evaluated. Students will be required to perform anatomical identification of brain structures using a sheep's brain.

PSYC 320
Social Psychology **3 Units**
Prerequisite: None
General Education: AA/AS Area V(b); CSU Area D9; IGETC Area 4I
Course Transferable to UC/CSU
Hours: 54 hours LEC

This course focuses on the scientific study of human interaction, with an emphasis on the individual within a social context. Study includes: social perception, social cognition, attitudes and attitude change, the self and social identity, prejudice, interpersonal attraction, close relationships, social influence, prosocial behavior, aggression, and group behavior.

PSYC 330
Introductory Statistics for the Behavioral Sciences **3 Units**
Prerequisite: MATH 120 or 125 with a grade of "C" or better, or the equivalent
General Education: AA/AS Area II(b); CSU Area B4; IGETC Area 2
Course Transferable to UC/CSU
See UC Limitations & Counselor
Hours: 54 hours LEC

This course focuses upon the concepts and applications of descriptive and inferential statistics in psychology and other behavioral sciences. Topics include: descriptive statistics; probability and sampling distributions; parametric and nonparametric statistical methods, hypothesis testing, statistical inference and power; correlation and regression; chi-square; t-tests; and analysis of variance procedures. Application of both hand computation and statistical software to data in a social science context will be emphasized to include the interpretation of the relevance of the statistical findings.

PSYC 335
Research Methods in Psychology **3 Units**
Prerequisite: None
General Education: AA/AS Area II(b); CSU Area D9
Course Transferable to UC/CSU
Hours: 54 hours LEC

This course provides an overview of the methodologies used in experimental, quasi-experimental and non-experimental research in psychology. Students will learn how to design and conduct research, including formulating hypotheses, reviewing the literature, evaluating ethical issues, selecting methodologies, organizing data, applying statistics and writing reports.

PSYC 340
Abnormal Behavior **3 Units**
Prerequisite: None
General Education: AA/AS Area III(b); AA/AS Area V(b); CSU Area D9; CSU Area E1; IGETC Area 4I
Course Transferable to UC/CSU
Hours: 54 hours LEC

This course is an exploration of the broad questions of normality and abnormality. It offers the investigation of specific mental, emotional, and behavioral difficulties and current approaches to psychological intervention including present community mental health practice. This course considers the contribution of social, biological and psychological factors to the development and persistence of behavior disorders. PSYC 340 would be a useful course for students majoring in Human Services and/or preparing for a career in psychology or the helping professions.

PSYC 353
Psychology of Adjustment **3 Units**
Prerequisite: None
General Education: AA/AS Area V(b); AA/AS Area III(b); CSU Area D9; CSU Area E1; IGETC Area 4I
Course Transferable to UC/CSU
Hours: 54 hours LEC

In this course, students will explore the core concepts in psychology and apply them to everyday life experiences. The focus of this course will be on self-development and self-awareness, and students will learn how to use psychological concepts to live more fully and productively. Students will also learn to analyze and think critically about psychological theories and research, and they will learn to use these concepts in an informed manner. Topics include stress and coping, substance abuse, psychological disorders and treatment, motivation and emotions, learning and behavioral change, attitudes and values, interpersonal relationships, and lifespan development.

PSYC 354
Marriage, The Family and Alternatives **3 Units**
Prerequisite: None
General Education: AA/AS Area III(b); CSU Area E1
Course Transferable to CSU
Hours: 54 hours LEC

Overview of the elements involved in building, maintaining and surviving paired relationships, both traditional and newer partnerships and relationship styles. Includes choosing each other, types of commitment (love, romance, sex and security), dealing with conflict, parenting, crisis and family disorganization, such as starting over, and changes confronting the individual throughout life's stages. Not open to students who have received credit for FCS 322. See "Cross-Referenced Courses" in the catalog.

PSYC 356
Human Sexuality **3 Units**
Prerequisite: None
General Education: AA/AS Area III(b); CSU Area E1; IGETC Area 4I
Course Transferable to UC/CSU
Hours: 54 hours LEC

This course provides a balanced scientific understanding of human sexual thoughts, feelings, and behavior grounded in both female and male perspectives and experiences. Course topics include an examination of the methodology of sexology, gender issues, sexual anatomy and physiology, sexual arousal and response, love and communication, sexual behavior patterns, sexual orientations, contraception, conception and childbirth, sexual development across the lifespan, adult living patterns, sexual difficulties and solutions, sexually transmitted diseases, atypical sexual behavior, sexual coercion, and pornography and prostitution.

PSYC 358
Principles of Interpersonal Relations **3 Units**
Prerequisite: None
General Education: AA/AS Area III(b); CSU Area E1
Course Transferable to CSU
Hours: 54 hours LEC

The study of principles involved in effective interpersonal relationships. Includes such topics as interpersonal feedback, self-disclosure, the role of emotions in relationships, the act of listening and the ability to challenge others toward growth and productivity. The focus is on concepts useful to the student in his/her face-to-face relationships at home, school, or work.

PSYC 360
Psychology of Women **3 Units**

Prerequisite: None
General Education: AA/AS Area III(b); CSU Area E1; IGETC Area 4I
Course Transferable to UC/CSU
Hours: 54 hours LEC

This course focuses on understanding of the thoughts, feelings, perceptions, and behavior of girls and women, as well as the impact of sex and gender on women's lives. Course topics include an examination of relevant research methodologies; theoretical perspectives; gender stereotypes; historical and contemporary images of women; gender comparisons; prenatal, infant, childhood, adolescent, and adult development; gender identity; sexuality and sexual orientations; menstruation and menopause; pregnancy, birth and postpartum; motherhood and mothering; physical and mental health; relationships; adult living patterns; ability and achievement; paid and unpaid work; violence towards women; and the sexual exploitation of women. The critical evaluation of theory and research findings is emphasized.

PSYC 368
Cross Cultural Psychology **3 Units**

Prerequisite: None
General Education: AA/AS Area V(b); AA/AS Area VI; CSU Area D3; CSU Area D9; IGETC Area 4I
Course Transferable to UC/CSU
Hours: 54 hours LEC

This course explores the impact of cultural influences on the psychological and individual development of ethnic group members. Emphasis will be placed on integrating traditional theoretical approaches and current cross-cultural statistical research and theory in the study of African-Americans, Asian Americans, Hispanic Americans, Native Americans, gays & lesbians, the elderly, and the disabled.

PSYC 372
Child Development **3 Units**

Prerequisite: None
General Education: AA/AS Area III(b); CSU Area D7; IGETC Area 4I
Course Transferable to UC/CSU
See UC Limitations & Counselor
Hours: 54 hours LEC

This course surveys human physical, cognitive, and psychosocial development from conception through adolescence. Typical and atypical development is examined. Topics of interest include research methodologies, theoretical perspectives, genetic and environmental influences on development, the mechanisms of heredity, pregnancy and prenatal development, birth and the newborn baby, parent-child attachment, patterns of physical/physiological growth, patterns of cognitive development, patterns of psychosocial development, fine and gross motor development, health and safety, language development, identity formation, maltreatment, intellectual development, early childhood education, gender development, play, parenting and parenting styles, developing relationships with siblings and peers, obesity and medical problems, sports involvement, moral reasoning, memory, school experiences, children with special needs, family dynamics, friendship, aggression and bullying, stress and emotional disturbances, puberty, eating disorders, drug use and abuse, sexually transmitted diseases, wanted and unwanted pregnancy, depression and suicide, school dropout, sexual orientation, and antisocial behavior and delinquency.

PSYC 495
Independent Studies in Psychology **1-3 Units**

Prerequisite: None
Course Transferable to CSU
See UC Limitations & Counselor
Hours: 18 hours LEC ; 54 hours LAB

PSYC 499
Experimental Offering in Psychology **.5-4 Units**

Prerequisite: None
Course Transferable to CSU
See UC Limitations & Counselor
Hours: 18 hours LEC ; 54 hours LAB