Welcome to the 2012-13 academic year!

“Meeting the Challenge Together,” continues as our theme this semester. It reflects the challenges facing the College and acknowledges that we must continue to work together to help our students succeed. The workshops listed in this booklet provide all members of our college community with opportunities for continuous professional growth and contribute to a culture of inquiry, foster innovation, and increase the success of all students. Many thanks to those of you who have volunteered to share your expertise and passion with the campus community!

Please identify, calendar, and plan to attend the workshops that will assist your efforts to serve our students and facilitate their learning and success. You may also want to find time to visit CASSL (LRC 121) to read an article, review and check-out a book or view a DVD/archived webinar. If the timing is right, you might even find some coffee brewing and have the opportunity to network or gather for a lunch break with your colleagues! A list of the resources in CASSL is online at http://www.crc.losrios.edu/Faculty_and_Staff/CASSL/CASSL_Resources.htm. If you have ideas for workshop topics, are interested in giving a workshop or wish to bring a presenter to campus please contact Nancy Edmonson (x7329), who supports the Professional Development Committee on campus. We wish you a wonderful, exciting and successful semester filled with professional growth and accomplishments.

**YOUR Professional Development Leadership Team:**

- 2012-2013 Professional Development Committee Members
- Kathy McLain, Executive Secretary, PD Committee
- Colette Harris-Mathews, CASSL Coordinator
- Gregory Beyrer, Distance Education Coordinator

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### A Peek Inside

<table>
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<tr>
<th>Section</th>
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<td>OneBook CRC</td>
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<td>Workshop Descriptions</td>
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<td>PD Funding Guidelines</td>
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<tr>
<td>The Back Page/DEMS Info</td>
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# spring 2013 compressed schedule calendar

### january

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<td>21 King Holiday</td>
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Full Term, 8WK-1, 5WK-1 sessions & Saturday classes begin Jan 19.

### february

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<td>16 Sat Classes held</td>
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<td>18 Wash Holiday</td>
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<td>26</td>
<td>27 End 5WK-1</td>
<td>28 Beg 5WK-2</td>
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* Census is effective-dated to February 4.

### march

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<td>19 Beg 8WK-2</td>
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### april

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Only Full Term classes hold 2-hour Final Exam. All 8WK, 5WK, Sat & Other Term classes hold the Final Exam during regular class hours during their last class meeting.

### may

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<td>27 Mem Holiday</td>
<td>28 Grades Due</td>
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To avoid conflicts with graduation ceremony, Wednesday only classes with start times of 3:00 p.m. or later have Final Exam on the last day of instruction, Wednesday, May 15. Grades due May 28.

### room legend

- CASSL (Center for the Advancement of Staff & Student Learning)
- LRC121-125
- TBA = To be Announced—watch e-mail for room location
- DEMS = Distance Education & Media Services
- SOC—South East Office Complex
- PCR = President’s Conference Room (College Center)
## Quick Glance at Spring Events

### January

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>Jan 16</td>
<td>W</td>
<td>9:00-12:00</td>
<td>CASSL Institute (LRC)</td>
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<tr>
<td>Jan 24</td>
<td>Th</td>
<td>2:30-3:30</td>
<td>One-On-One Help with Assessment Reporting (LRC122)</td>
</tr>
<tr>
<td>Jan 25</td>
<td>F</td>
<td>1:00-2:00</td>
<td>How to Apply for Scholarships Workshop (BS129)</td>
</tr>
<tr>
<td>Jan 28</td>
<td>M</td>
<td>9:30-10:20</td>
<td>OneBook: HPV/Cervical Cancer Film (LRC104)</td>
</tr>
<tr>
<td>Jan 28</td>
<td>M</td>
<td>12:00-1:00</td>
<td>DVD: Stress &amp; Cancer (LRC125)</td>
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<tr>
<td>Jan 30</td>
<td>W</td>
<td>3:00-4:30</td>
<td>Equity Training—Beginning (LRC122)</td>
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<tr>
<td>Jan 31</td>
<td>Th</td>
<td>2:30-3:30</td>
<td>One-on-One Help with Assessment Reporting (LRC122)</td>
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### February

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<tr>
<td>Feb 4</td>
<td>M</td>
<td>12:00-1:00</td>
<td>DVD: Stress, Pain (LRC125)</td>
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<tr>
<td>Feb 5</td>
<td>T</td>
<td>2:00-3:00</td>
<td>Filling out Assessment Forms (LRC122)</td>
</tr>
<tr>
<td>Feb 5</td>
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<td>7:00-8:30p</td>
<td>Vista—Beyond Hatred—Roots of Conflict Film (L111)</td>
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<td>Feb 6</td>
<td>W</td>
<td>12:00-1:20</td>
<td>Black History Month Opening Ceremony (Recital Hall)</td>
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<tr>
<td>Feb 7</td>
<td>Th</td>
<td>2:30-3:30</td>
<td>One-on-One Help with Assessment Reporting (LRC122)</td>
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<tr>
<td>Feb 7</td>
<td>Th</td>
<td>3:00-4:20</td>
<td>Culturally Relevant Student Engagement (LRC125)</td>
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<tr>
<td>Feb 8</td>
<td>F</td>
<td>1:00-2:00</td>
<td>Dealing with Life’s Difficult Challenges (Orchard)</td>
</tr>
<tr>
<td>Feb 11</td>
<td>M</td>
<td>12:00-1:00</td>
<td>DVD—Stress, Learning &amp; Memory (LRC125)</td>
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<tr>
<td>Feb 11</td>
<td>M</td>
<td>2:00-3:30</td>
<td>Mandated Reporter Training (LRC125)</td>
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<tr>
<td>Feb 13</td>
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<td>12:00-1:20</td>
<td>Black History Month—Poetic Voices (Recital Hall)</td>
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<td>Sexual Harassment Prevention Training (LRC122)</td>
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<td>Feb 13</td>
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<td>Vista—Journey to Mecca-Footsteps of Ibn Battuta Film (ART605)</td>
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<td>Feb 14</td>
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<td>2:30-3:30</td>
<td>One-on-One Help with Assessment Reporting (LRC122)</td>
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<td>Feb 20</td>
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<td>10:30-11:30</td>
<td>Resume &amp; Cover Letter Workshop (Orchard)</td>
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<td>OneBook: When the Bough Breaks Film (LRC104)</td>
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<td>Feb 21</td>
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<td>12:00-1:20</td>
<td>Literary Series: Marcus Crowder (Bookstore)</td>
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<td>1:00-2:00</td>
<td>Avoiding Parenting Mistakes (Orchard)</td>
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<td>Feb 21</td>
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<td>3:00-4:20</td>
<td>Critical Thinking Inquiry Group (LRC122)</td>
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<td>Feb 21</td>
<td>Th</td>
<td>7:00-8:30p</td>
<td>Vista—Five Broken Cameras Film (BS112a)</td>
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<td>Feb 22</td>
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<td>9:00-10:30</td>
<td>Equity Training—Beginning (LRC122)</td>
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<td>Feb 22</td>
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<td>10:30-12:00</td>
<td>Faculty Round Table (SOC)</td>
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<td>Feb 22</td>
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<td>CASSL Friday Dialog—Applying Student Learning (LRC125)</td>
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### Quick Glance at Spring Events—continued

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<td>DVD: Stress, Judgment and Impulse Control (LRC125)</td>
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<td>Vista—Koran by Heart Film (L111)</td>
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<td>Conducting Course Level SLO Assessment (LRC122)</td>
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<td>Black History Month—Black Museum (Orchard)</td>
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<td>What You Should Do or Say during a Job Interview (SCI215)</td>
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<td>Equity Training—Classified Focus (LRC122)</td>
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<td>Rising from the Ashes—Women in Rwanda Film (LRC104)</td>
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<td>Film: Born into Brothels (L111)</td>
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<td>12:00-1:20</td>
<td>Women’s History Month Keynote Speaker (Recital Hall)</td>
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<td>2:00-3:00</td>
<td>Mandated Reporter Training (LRC125)</td>
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<td>OneBook: My Baby or My Life (LRC105)</td>
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<td>Mandated Reporter Training (LRC125)</td>
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<td>12:00-1:00</td>
<td>Live Long, Live Strong Series-Womens’ Health (Cafeteria)</td>
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<td>11:00-12:30</td>
<td>Under the Microscope—Women as Research Subjects (BS129)</td>
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<td>Get Your Geek On: NPR’s Science Friday (LRC103)</td>
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<td>Dealing with Life’s Difficult Challenges Followup (BS112a)</td>
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<td>Mar 8</td>
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<td>CASSL: “American Teacher” Viewing/Discussion (LRC125)</td>
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<td>Contraceptives Lecture by James Frazee (Recital Hall)</td>
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<td>Live Long, Live Strong Lunch Series Women’s Nutrition (Cafeteria)</td>
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<td>Women in Math &amp; Science Panel Discussion (SCI308)</td>
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<td>Veil of Dreams—Women’s Soccer/Islamic Tradition (LRC105)</td>
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<td>Get Your Geek On—NPR’s Science Friday (LRC103)</td>
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<td>Mar 18</td>
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<td>9:00-10:20</td>
<td>Pinochet’s Chile: Women’s Resilience /Innovation (Recital Hall)</td>
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<td>12:00-1:20</td>
<td>Body Image, Disordered Eating &amp; Exercise Perfection(BS129)</td>
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<td>12:00-1:00</td>
<td>DVD: Understanding Psychological Stress (LRC125)</td>
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<td>2:30-4:00</td>
<td>Equity Training—Advanced (LRC122)</td>
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<td>Film: The Pill (LRC105)</td>
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<td>5:00-7:00p</td>
<td>Film: What Remains (L111)</td>
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<td>1:30-2:50</td>
<td>Vista—Persepolis Film (LRC104)</td>
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<td>5:00-6:00</td>
<td>CASSL: Culturally Relevant Engagement Group (LRC125)</td>
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<td>Gendered Archaeology Lecture (LRC105)</td>
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<td>12:15-1:15</td>
<td>Vista—The Mosque in Morgantown Film (L111)</td>
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<td>6:30-7:30p</td>
<td>Vista—Rights &amp; Wrongs: Women in Islam Film (L111)</td>
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<tr>
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<td>10:30-12:00</td>
<td>CASSL Friday Dialog—Applying Student Learning (LRC125)</td>
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<tr>
<td>Mar 22</td>
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<td>11:00-1:00</td>
<td>Get Your Geek On—NPRs Science Friday (LRC103)</td>
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**April**

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<tr>
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<td>M</td>
<td>12:00-1:00</td>
<td>DVD: Psychological Modulators of Stress (LRC125)</td>
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<tr>
<td>Apr 3</td>
<td>W</td>
<td>2:00-3:00</td>
<td>Mandated Reporter Training (LRC125)</td>
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<td>Apr 4</td>
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<td>Mandated Reporter Training (LRC125)</td>
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<td>Apr 5</td>
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<td>Everybody Needs Physical Fitness (Orchard)</td>
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<td>DVD: Stress and the Biology of Depression (LRC125)</td>
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<td>CASSL Hosts OneBook in Your Classroom (LRC125)</td>
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<td>Apr 12</td>
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<td>2:00-3:00</td>
<td>Veterans Resume Makeover (SCI215)</td>
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<td>Apr 15</td>
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<td>DVD: Stress and the Psychology of Depression (LRC125)</td>
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<td>Apr 16</td>
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<td>7:00-9:00p</td>
<td>Literary Series: VS Chochezi and Staajabu (Bookstore)</td>
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<td>Apr 17</td>
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<td>3:00-5:00</td>
<td>OneBook: The Truth About Cancer Film (BS129)</td>
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<tr>
<td>Apr 22</td>
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<td>9:00-11:30</td>
<td>Sexual Harassment Prevention Training (LRC 122)</td>
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<td>DVD: Anxiety, Hostility, Repression &amp; Reward (LRC125)</td>
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<td>CASSL Innovation Grant Presentations (LRC125)</td>
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<td>Apr 23</td>
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<td>Course-Level SLO Assessment Follow-up (LRC122)</td>
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<td>Apr 26</td>
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<td>CASSL Friday Dialog—Applying Student Learning (LRC125)</td>
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<td>1:00-2:00</td>
<td>Self Defense (Orchard)</td>
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<td>Apr 26</td>
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<td>2:00-3:00</td>
<td>Resume &amp; Cover Letter Workshop (SCI215)</td>
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<td>Apr 29</td>
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<td>12:00-1:00</td>
<td>DVD: Stress, Health &amp; Low Social Status (LRC125)</td>
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<td>Apr 29</td>
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<td>CASSL Culturally Relevant Student Engagement (LRC122)</td>
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**May**

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<tr>
<th>Date</th>
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<tr>
<td>May 3</td>
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<td>2:00-3:00</td>
<td>Not Just Facebook—Networking to your Benefit (SCI215)</td>
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<tr>
<td>May 6</td>
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<td>12:00-1:00</td>
<td>DVD: Stress Management—Clues to Success? (LRC125)</td>
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<td>May 7</td>
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<td>7:00-8:30p</td>
<td>Literary Series: 7th Annual Journal Reading (TBD)</td>
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<td>May 10</td>
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<td>10:30-12:00</td>
<td>Friday Dialog—Student Stress &amp; Your Stress (LRC125)</td>
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<td>May 13</td>
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<td>12:00-1:00</td>
<td>DVD: Stress Management—Approaches &amp; Cautions (LRC125)</td>
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OF SPECIAL INTEREST TO CLASSIFIED

Attending a workshop is an excellent way for you to gain knowledge about the campus and provides an opportunity to talk with other faculty & staff. Please work with your supervisor to ensure adequate coverage so that you can participate in activities that are of interest to you. Participation in workshops does not need to constitute your “lunch break.” We welcome your feedback and suggestions for future workshops to meet your needs.

How to Get Ahead

Get Funding for Professional Development
Get funding for the workshops and training you need to get ahead. Do you need college courses to get promoted? Come learn about the funding possibilities for classified employees for college education, workshops, speakers, etc. Call Nancy x7329 for more information on what can be funded.

Get Equity Training & Participate on a Hiring Panel
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. Being on a hiring panel is a great way to learn about LRCCD hiring practices and make interviewing not so scary!

Apply for a Staff Development Leave
LRCEA members are eligible for a staff development leave program? This leave would provides you with the opportunity to enhance your value to the District through further job-related education, the upgrading of your skills or retraining for a different career path which is available at the district. Approved staff development leave allows you to be totally released from your regular duties during the duration of the approved leave to allow you to engage in studies, projects, courses, or other beneficial activities which do not fall within your regular responsibilities during your regular work period. This leave may be used to complete interrupted studies, learn by observing methods used in industry or other educational institutions, or for you to get a substantial start on a goal of a better education. AND you are compensated at a rate of 85% of your regular pay! For more information about this benefit, see article 7.22 of your LRCEA contract or contact Brenda Balsamo Director, Human Resources at x3101, your LRCEA Representative, or your Administrative Officer.

Attend Classified Leadership Academy
Classified Leadership Academy (CLA) provides opportunities for district classified employees to increase their technical, supervisory and leadership skills. The purpose of CLA is to identify and develop the abilities of classified employees who have the potential for leadership and advancement. Classified employees currently in supervisory positions are also welcome to participate in the academy. The program will present practical tools for improving performance in the workplace - in the context of LRCCD. Contact Leighann x3106
**HEALTH TOPICS**

Monday, Jan 28  
9:30-10:30  
Film: Human Papilloma Virus (LRC104)

Monday, Jan 28  
12:00-1:00  
DVD Lecture 11: Stress and Cancer (LRC125)

Monday, Feb 4  
12:00-1:00  
DVD Lecture 12: Stress and Pain (LRC125)

Friday, Feb 8  
1:00-2:00  
Dealing with Life’s Difficult Challenges (BS112a)

Monday, Feb. 11  
12:00-1:00  
DVD Lecture 13: Stress, Learning and Memory (LRC125)

Wednesday, Feb 20  
1:30-2:50  
Film: When the Bough Breaks (LRC104)

Monday, Feb. 25  
12:00-1:00  
DVD Lecture 14: Stress, Judgment and Impulse Control (LRC125)

Monday, Mar 4  
12:00-1:00  
DVD Lecture 15: Stress, Sleep and Lack of Sleep (LRC125)

Friday, Mar 8  
1:00-2:00  
Dealing with Life’s Difficult Challenges Followup (Orchard)

Monday, Mar 11  
12:00-1:00  
DVD Lecture 16: Stress and Aging (LRC125)

Monday, Mar 18  
12:00-1:00  
DVD Lecture 17: Understanding Psychological Stress (LRC125)

Monday, Apr 1  
12:00-1:00  
DVD Lecture 18: Psychological Modulators of Stress (LRC125)

Friday, April 4  
1:00-2:00  
Everybody Needs Physical Fitness (Orchard)

Monday, Apr 8  
12:00-1:00  
DVD Lecture 19: Stress and the Biology of Depression (LRC125)

Monday, Apr 15  
12:00-1:00  
DVD Lecture 20: Stress & the Psychology of Depression (LRC125)

Wednesday, Apr 17  
3:00-5:00p  
Film: The Truth About Cancer (BS129)

Monday, Apr 22  
12:00-1:00  
DVD Lecture 21: Anxiety, Hostility, Repression/Reward (LRC125)

Monday, Apr 29  
12:00-1:00  
DVD Lecture 22: Stress, Health and Low Social Status (LRC125)

Monday, May 6  
12:00-1:00  
DVD Lecture 23: Stress Management: Clues to Success? (LRC125)

Friday, May 10  
10:30-12:00  
CASSL Friday Dialog—Stress & Healthy Outlets (LRC125)

Monday, May 13  
12:00-1:00  
DVD Lecture 24: Stress Mgmt: Approaches & Cautions (LRC125)

The DVD Lecture series is hosted by Sandra Carter and centers on lectures on DVD by Stanford Neuroscientist, Robert Sapolsky. You may attend one or all of the lectures dealing with stress and how it affects the body.
CASSL Workshops

CASSL Institute
Wednesday January 16, 2013  9:00-12:00
LRC
This annual half day event, held just prior to the beginning of Spring Semester, brings together college faculty and staff from the greater Sacramento Region to discuss topics around the scholarship of teaching and learning. The CASSL Institute 2013 theme “Critical Thinking: Continuing the Dialogue” examines our definitions of critical thinking, applies definitions and theories of critical thinking to the classroom/college and serves to embed critical thinking in the dialogue of the campus. Participants will examine critical thinking in the context of their role on a community college campus, broadly apply critical thinking in community college disciplines and incorporate specific strategies to encourage critical thinking skills.

Culturally Relevant Student Engagement
Thursday, February 7th  3:00-4:20
CASSL LRC 125
Hosted by Culturally Relevant Student Engagement Group
CRC values cultural competence. What is your informal assessment of where you, your department or the college is regarding culturally relevant student engagement? This workshop is designed to define culturally relevant pedagogy and then provide further tools for you to use in the classroom or your current position. This group will meet periodically over the course of the semester. The group actively explores the ever present discussion of the “Achievement Gap” and the concept of “Education Equity”. The first meeting of the semester will incorporate student-centered, constructivist and active learning strategies from Paulo Freire, John Dewey and Lev Vygotsky.

Critical Thinking Inquiry Group
Thursday, February 21st  3:00-4:20
CASSL LRC 122
Facilitated by: Colette Harris-Mathews, Ed.D and CASSL Institute participants
The Critical Thinking Inquiry group continues a campus focus on critical thinking in community college. Today’s workshop revisits the college wide “Critical Thinking” student learning outcome and topics tabled from the CASSL Institute. Bring your brilliance and ability to think outside the box about issues in community college. This group will meet over the course of the semester and address topics generated from articles on critical thinking in higher education. This is a group designed for debate style
discussion. Topics for the group may include: academic rigor, exam vs. informal writing assignments, fixed learning models, student preparation, student learning outcomes/assessment and the slippery slope and system thinking. Are we part of the problem or the solution?

Friday Dialogue—Applying Student Learning Through Scholarship
Friday, February 22nd
10:30-12:00  CASSL LRC 125
Friday Dialogues are hosted by CRC staff with expertise in a specific area. Friday dialogues allow the CRC community to discuss topics in an open setting and will occur periodically over the course of the semester. The CASSL Discussion group centers on academic articles that may be presented in an online discussion and during the Friday Dialogue. Our first dialogue of the spring semester is hosted by CASSL Coordinator Colette Harris-Mathews and extends the question of, “What is our role in preparing a work ready student?”

CASSL Viewing and Discussion of “American Teacher”
Thursday, March 8th
3:00-5:00  CASSL LRC 125
View and Discuss “American Teacher” with CASSL staff and colleagues. http://www.youtube.com/watch?v=dzyD9y7C8EE We will watch key excerpts and apply “American Teacher” to community college faculty. How do we continue to build on the K-12 conversation of education reform and thinking?

Culturally Relevant Engagement Group
Wednesday, March 20th
5:00-6:00  CASSL LRC 125
CRC values cultural competence. This workshop is designed to provide further tools for you to use in the classroom or your current position. This group meets periodically over the course of the semester. Today’s session is specifically scheduled for adjunct faculty, however all are welcome! We will continue the conversation incorporating student-centered, constructivist and active learning strategies from Paulo Freire, John Dewey and Lev Vygotsky. Bring questions and practices that are working in your classroom or position on campus.

Friday Dialogue—Applying Student Learning Through Scholarship
Friday March 22nd
10:30-12:00  CASSL LRC 125
Friday Dialogues are hosted by CRC staff with expertise in a specific area. Friday dialogues allow the CRC community to discuss topics in an open setting and will occur periodically over the course of the semester. Today’s dialogue features a conversation about student goals and motivation. An excerpt from Carol Dweck’s book “Mindset: The New Psychology of Success” provides a context for this dialogue.

CASSL Hosts OneBook in Your Classroom
Date: Thursday April 11th
3:00-4:30  CASSL LRC 125
Join the conversation! Faculty are incorporating the CRC One Book Project in their classroom. Faculty from Communication Studies, Humanities, History, Library Science, Anthropology and other disciplines present OneBook activities and assignments addressing student learning outcomes. Brainstorm ideas that you may use for this project in the future. We will also discuss themes of the current book and brainstorm ideas for the fall 2013 book the Omnivore’s Dilemma.

CASSL Innovation Grant Presentations
Monday April 22nd
3:00-4:20  CASSL LRC 125
Hear past innovation grant awardees speak about their grants and the results of their grant project. The facilitator will also present innovation projects from other community colleges in the areas of sustainability, culturally relevant pedagogy, hip hop in the classroom and veteran services. Facilitator: Colette Harris-Mathews, CASSL Coordinator/Former CASSL Innovation Grant Recipient
CASSL Workshops—Continued

the classroom that are guiding student success and apply to your discipline. Scholarship supporting (and refuting) teaching outcomes will be explored.

Culturally Relevant Student Engagement
Monday April 29th
3:00-4:20    LRC 122
Hosted by Culturally Relevant Student Engagement Group
This workshop continues the culturally relevant pedagogy conversation and application. What are you doing in your classroom or your position to incorporate culturally relevant practices? Build your teaching/application toolkit with colleagues. Today participants will discuss the role of active learning in the classroom. Participants will explore active learning assignments across disciplines.

Friday Dialogue: Student stress and your stress!
Friday, May 20
10:30-12:00    LRC 125
Stress... Today we will look at scholarship associated with student and faculty stress. We will practice stress management strategies. Wear comfortable clothing as we learn and practice yoga. Today's workshop will feature a certified yoga instructor and health specialist.

Equity Trainings & Sexual Harassment Prevention Training

Equity Training Fundamentals—Classified Focus
Monday, March 4
10:30-12:00    LRC 122
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This workshop is for classified employees who have never been equity trained.

Equity Training Fundamentals
Dates:  January 30 @ 3:00-4:30
OR        February 22 @ 9:00-10:30    LRC 125
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This workshop is for employees who have never been equity trained.

Equity Training Advanced
Tuesday, March 19
2:30-4:00    LRC 122
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This is for people who have already attended equity training.

Sexual Harassment Prevention Training
DATES:  February 13 @ 2:00-3:30
OR        April 22 @ 9:00-11:30  LRC 122
Can you clearly define sexual harassment and outline your rights and responsibilities with respect to this issue? If not, you are strongly encouraged to attend this workshop to learn more about this very important topic and to become informed about how to respond when you experience or learn about behaviors that are occurring on campus that might constitute sexual harassment.

SLO Assessment Workshops-to-Go
You are invited to schedule an individualized SLO Assessment workshop. One-on-one training is available, but departments are encouraged to participate all together. Choose workshop topic(s) from the following “ala carte” menu, or request a focus on any other concerns you may have. Contact Lisa Marchand (marchal@crc.losrios.edu) to reserve a time.

SLO Assessment Workshops-to-Go Topics:
The Outcomes Driven Syllabus: Participants will be guided as they rethink and revise their syllabi to better commu-
CASSL will offer “On Demand” workshops on technology topics including: Creating Video Content, Basic Excel Spreadsheets, MS Publisher, Managing your E-mail, Email Merges, Making Labels, Importing Graphics, Backing-up your info. Call x7303 to make an appointment.

Tips and Tricks for Measuring SLOs: Participants will discover how routine testing and grading can provide all the data needed to effectively measure SLOs.

It’s (not) a Waste of Time! You may be over thinking what you need to do to effectively measure student learning or activity outcomes. We will discuss ways that efficient SLO assessment and reporting can reduce the amount of time you spend on program reporting, unit planning, curriculum review, and resource requests.

Academic Freedom and Required Reporting: Although there is much concern that SLO reporting violates professors’ professional rights, the assessment and reporting processes are still mandatory. Discuss safeguards that are built into course, activity, and program outcomes assessment reporting as well as consequences for not meeting the obligation to measure and report.

So Get It Done Already: Request that an expert in the reporting process guide you as you complete the required report forms. S/he’ll even do the typing for you!

These customized training sessions are available Monday-Thursday after 3:00 or any time Friday.

Do I have what I need to Fill out that Assessment Form?
Tuesday, Feb 5
2:00-3:00 LRC122

Is this a course-level SLO, or a program-level SLO? Am I reporting, or planning? Where are those forms to fill out anyway? The LODS sub-committee is working hard to make all of the SLO reporting process as straightforward as we can. In this workshop we will discuss what you need to successfully report on your program or course level SLO. Bring your collected data if you have it, and we can help you make sense of it all. The day or time not working for you? Contact the workshop facilitator, Scott Crosier (crosies@crc.losrios.edu) and schedule a personal workshop.

Conducting Your Course-Level SLO Assessment
Tuesday, Feb 26
2:00-3:00 LRC122

Did your course-level SLO assessment not go as well as you had hoped last semester, or are you simply wanting to brainstorm some other assessment strategies? Come and join us to discuss the course SLO assessment process. Bring your SLOs and any results you might have collected last semester, and we can work together to plan your assessment strategy this semester. The day or time not working for you? Contact the workshop facilitator, Scott Crosier (crosies@crc.losrios.edu) and schedule a personal workshop.

Course-Level SLO Assessment Follow-up
Tuesday, April 23
2:00-3:00 LRC122

How is your spring semester course SLO assessment working for you? Let’s check in and discuss any concerns that you might have or strategies that might work better for you, your class or your students. The day or time not working for you? Contact the workshop facilitator, Scott Crosier (crosies@crc.losrios.edu) and schedule a personal workshop.
ON CAMPUS EVENTS

January

It’s that time again for our bi-annual Textbook Scholarship Drawing! The drawing is scheduled for Tuesday, January 29th at the Fountain Stage. Please consider posting the attached flyer in your area and/or sharing it electronically with your students.

*New this semester: We will be awarding 5 textbook scholarships to students who are not able to present at the drawing!*

The $300 textbook scholarships will be awarded in the form of gift cards to the Hawk’s Nest Bookstore. Thanks to your Annual Fund contributions and sponsorships, we will award at least 25 textbook scholarships to CRC students!

We will accept entries the morning of the drawing between 8:30 am – 12:15 pm. Scholarship recipients will be selected at 12:30 pm. We will serve free hot dogs and soft drinks from 12 noon to 1:00 pm (while supplies last).

February

Black History Month

2013 Black History Month Theme
At the Crossroads of Freedom and Equality:
The Emancipation Proclamation and the March on Washington

The year 2013 marks two important anniversaries in the history of African Americans and the United States. On January 1, 1863, the Emancipation Proclamation set the United States on the path of ending slavery. A wartime measure issued by President Abraham Lincoln, the proclamation freed relatively few slaves, but it fueled the fire of the enslaved to strike for their freedom. In many respects, Lincoln’s declaration simply acknowledged the epidemic of black self-emancipation—spread by black freedom crusaders like Harriet Tubman—that already had commenced beyond his control. The actions of both Lincoln and the slaves made clear that the Civil War was indeed, as well as in theory, a struggle between the forces of slavery and emancipation. The full-scale dismantlement of the “peculiar institution” of human bondage had begun.

In 1963, a century later, America once again stood at the crossroads. Nine years earlier, the U.S. Supreme Court had outlawed racial segregation in public schools, but the nation had not yet committed itself to equality of citizenship. Segregation and innumerable other forms of discrimination made second-class citizenship the extra-constitutional status of non-whites. Another American president caught in the gale of racial change, John F. Kennedy, temporized over the legal and moral issue of his time. Like Lincoln before him, national concerns, and the growing momentum of black mass mobilization efforts, overrode his personal ambivalence toward demands for black civil rights. On August 28, 1963, hundreds of thousands of Americans, blacks and whites, Jews and gentiles, Protestants and Catholics, marched to the memorial of Abraham Lincoln, the author of the Emancipation Proclamation, in the continuing pursuit of equality of citizenship and self-determination. It was on this occasion that Martin Luther King, Jr. delivered his celebrated “I Have a Dream” speech. Just as the Emancipation Proclamation had recognized the coming end of slavery, the March on Washington for Jobs and Freedom announced that the days of legal segregation in the United States were numbered. (See Page 17 for listings of events)
This year’s theme is “Innovation through Imagination: Celebrating Women in Science, Technology, Engineering and Mathematics”, and you’ll notice all of our events showcase women either in a S.T.E.M discipline (or impacts S.T.E.M have had on women) or breaking through and reimagining themselves, their world or their cultural expectations. We have stepped outside of the box this year, with a few different types of activities including:

Live Long, Live Strong Lunch series- we have two sessions planned, where people can go and have lunch with an expert and engage in casual conversations about women’s health topics. Cori Burns (discussing women’s health) and Timaree Hagenburger (women’s nutrition) will be leading these dynamic and very important conversations.

“Photograph 51” brown bag play: “Photograph 51” is a funny and moving portrait of the unrequited life of Rosalind Franklin, one of the greatest female scientists of the twentieth century, and her fervid drive to map the contours of the DNA molecule. A chorus of physicists relives the chase, revealing the unsung achievements of this trail blazing, fiercely independent woman. A play about ambition, isolation, and the race for greatness.

Look for readings, and performances at various venues around campus during the week of March 11-March 15.

“Get your Geek on: NPR’s Science Friday”- Many of us already listen to NPR’s weekly program, “Science Friday”. Anthropology staff will open up our lab room for a gathering for us science geeks to listen to “Science Friday” and learn together.

Other highlights include:

Keynote lecture by Dr. Jennifer Pokorny (post doc at UCD Mind Institute and 2012 Ig Noble winner) Dr. Pokorny’s lecture, “From Primatology to Neuroscience: A female Scientist’s Journey through Academia and Beyond” will highlight her career in science. She has her PhD in psychology and neuroscience from Emory University, where she studied under Dr. Franz deWaal. Most of her work has been related to social recognition of different primate species.

Faculty panels on women as research subjects (by social science faculty) and women as researchers and careers in math and science fields (by math and science faculty)

Lectures by Matilde Mukantabana, James Frazee, Alex Peshkoff, Jeanne Edman and Amanda Paskey on topics ranging from contraceptives to post genocide Rwanda and women under Pinochet’s rule in Chile.

Films on a variety of topics ranging from a women’s soccer team in Iran negotiating traditional Islamic tradition and the game of soccer (“Veil of Dreams”) to the choice a women must make when she finds out she is both pregnant and has cervical cancer (“My Baby, My Life”) as well as others. Some films are being shown in conjunction with the Social Responsibility Committee, OneBook and the Global Film Series. (See Page 20 for listing of events)
On Campus Activities/Observances

April

Spring Celebration—April 13, 2013
5:00-9:00p
“Locally Grown, Locally Educated”

Save the Date for the CRC Foundation’s signature event, our 2013 Spring Celebration (formerly the CRC Gala). Join friends and colleagues for a fresh and enjoyable evening, where we will showcase our “Locally Grown, Locally Educated” foods and wines, as well as CRC students who are making a difference in the community. Look for your invitation to come to you soon! For more information, contact the Advancement Office at x7320.

Did you know? “YOU are a Mandated Reporter” On January 1, 2013 a new law went into effect adding employees and administrators of public or private postsecondary institutions as Mandatory Reporters. California mandates that any acts involving anyone under the age of 18 (physical abuse, sexual abuse, emotional abuse and neglect) must be reported to law enforcement and/or child welfare services. You will have the opportunity to learn about Mandatory Reporting and what your obligation is as an LRCCD employee. You will get answers to the following questions: 1) what must be reported; 2) how to report; 3) what happens if I fail to report child abuse or neglect, plus more.

CRC Training Dates: February 11 @ 2:00-3:00 CASSL—LRC125
 March 6 @ 2:00-3:00 LRC125
 March 7 @ 10:00-1:00 LRC125
 April 3 @ 2:00-3:00 LRC125
 April 4 @ 10:00-11:00 LRC125

IBA Training
Wednesday, March 6—Friday, March 8
9:00-3:30
Contact: Leighann Rogers x3106
The Social Responsibility Committee & OneBook Spring 2013 Film Series

Films in recognition of the 2012-13 OneBook selection, The Immortal Life of Henrietta Lacks by Rebecca Skloot

JANUARY 2013 (CERVICAL CANCER MONTH)
Monday, January 28
9:30-10:20 a.m. | LRC 104
HPV/CERVICAL CANCER
FILM: HUMAN PAPILLOMA VIRUS (BBC)
This film focuses on the Human Papilloma Virus (HPV), and the attempts to develop treatments that are both effective and affordable to the world's poor, who make up the vast majority of the victims. HPV is the major cause of cervical cancer but is largely treatable by preventative vaccine, a vaccine not readily available to people in developing nations. (20 minutes 2008)
Hosted by Sandra Carter

FEBRUARY 2013 (BLACK HISTORY MONTH)
Wednesday, February 20
1:30-2:50 p.m. | LRC 104
FILM: WHEN THE BOUGH BREAKS
This film explores how social conditions affect the health of African Americans and the influence of racism even on the health of wealthier individuals and families. Scholars believe African American women are at increased risk during pregnancy, not because of something innate to their biology, but because of the cumulative impact of racism they experience over their lifetime—an impact that outweighs even the benefits of higher social and class status. Unequal treatment causes anxiety and the release of stress hormones, which over a lifetime of constant activation not only create wear and tear on the body's organs and systems, but can trigger premature labor. (20 minutes 2008)
Hosted by Jason Newman and Mark Hunter

MARCH 2013 (WOMEN'S HISTORY MONTH)
Wednesday, March 6
3:00-4:20 p.m. | LRC 105
FILM: MY BABY OR MY LIFE
A pregnant woman discovers that she also has cervical cancer in the 19th week of her pregnancy. She faces a monumental dilemma: Should she terminate her pregnancy so that she can undergo treatment for the fast-growing tumor, or should she continue her pregnancy and allow the cancer to go untreated for another few weeks—which might give her baby a chance of survival but also might cause her own death? The film also looks at the case of another woman who was diagnosed with cervical cancer and then accidentally became pregnant. (64 minutes 2005)
Hosted by Shannon Mills

APRIL 2013 (NATIONAL CANCER CONTROL MONTH)
Wednesday, April 17
3:00-5:00 p.m. | BS 129
FILM: THE TRUTH ABOUT CANCER
An eye opening special that seeks to answer the provocative question, why does anyone still die of cancer? Told in the first person by award winning filmmaker Linda Geirman, The Truth About Cancer shares the personal story of her own husband's battle with cancer. Geirman returns to some Boston-area hospitals at which her husband was treated, and explores startling truths about survival rates of metastasized cancers, and the limited success of dogs and clinical trials. Interviewed throughout are the stories of three additional cancer patients, and their families and doctors, as they navigate the deeply personal decisions surrounding the disease. The documentary also follows several medical professionals working to promote screening, research the latest developments in cancer treatment, and help patients and their families live with a cancer diagnosis. (90 minutes 2005)
Hosted by Steven Coughran

Author's Corner
Rebecca Skloot

Rebecca Skloot is an award winning science writer whose work has appeared in The New York Times Magazine; O, The Oprah Magazine; Discover; and many other publications. She specializes in narrative science writing and has explored a wide range of topics, including goldfish surgery, tissue ownership rights, race and medicine, food politics, and packs of wild dogs in Manhattan. Her book, The Immortal Life of Henrietta Lacks, Skloot's debut book, took more than a decade to research and write, and instantly became a New York Times best-seller.

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SPRING WORKSHOP DESCRIPTIONS

Jan 25  F  1:00-2:00  Applying for Scholarships (BS129)
This workshop will provide information on the application process for scholarships offered to our students at CRC. This is an EOPS sponsored workshop and is open to students and staff. Presenter: Aselia Valadez

Jan 28  M  9:30-10:20  OneBook: HPV/Cervical Cancer Film (LRC104)
This film focuses on the Human Papilloma Virus and the attempts to develop treatments that are both effective and affordable to the world’s poor, who make up the vast majority of the victims. HPV is the major cause of cervical cancer but is largely treatable by preventative vaccine, a vaccine not readily available to people in developing nations. (25 minute film followed by discussion) Hosted by Sandra Carter

Jan 28  M  12:00-1:00  DVD: Stress & Cancer (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Jan 30  W  3:00-4:30  Equity Training—Beginning (LRC122)
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This workshop is for employees who have never been equity trained.

Feb 4  M  12:00-1:00  DVD: Stress & Pain (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Feb 5  T  2:00-3:00  Do I Have What I Need to Fill Out That Assessment Form? (LRC122)
Is this a course-level SLO, or a program-level SLO? Am I reporting, or planning? Where are those forms to fill out anyway? The LODS sub-committee is working hard to make all of the SLO reporting process as straight forward as we can. In this workshop we will discuss what you need to successfully report on your program or course level SLO. Bring your collected data if you have it, and we can help you make sense of it all. The day or time not working for you? Contact the workshop facilitator, Scott Crosier (crosies@crc.losrios.edu) and schedule a personal workshop.

Feb 5  T  7:00-8:30p  Vista Film: Beyond the Hatred: Roots of Conflict (L111)
This documentary details the historical roots of the Israeli-Palestinian conflict. Hosted by Martin Morales

Feb 6  W  12:00-1:20  Opening Ceremonies for Black History Month (Recital Hall)
Keynote Speakers: California State Historian, Civil Rights Attorney, Community Activist and/Business Executive (still waiting for confirmation from each) Panel discussion by key African American educators and leaders on the significance of freedom and equality in education, business and politics. Time will be allowed for audience participation. All faculty, staff and students will be invited with key disciplines targeted including but not limited to Business, History, Sociology, Psychology, Communication, CVPA, and Science and Mathematics. Facilitator: Jason Newman
Feb 7  Th  3:00-4:20  CASSL Culturally Relevant Student Engagement (LRC125)
CRC values cultural competence. What is your informal assessment of where you, your department or the college is regarding culturally relevant student engagement? This workshop is designed to define culturally relevant pedagogy and then provide further tools for you to use in the classroom or your current position. This group will meet periodically over the course of the semester. The group actively explores the ever present discussion of the “Achievement Gap” and the concept of “Education Equity”. The first meeting of the semester will incorporate student-centered, constructivist and active learning strategies from Paulo Freire, John Dewey and Lev Vygotsky.

Feb 8  F  1:00-2:00  Dealing with Life’s Difficult Challenges (Orchard Room)
This workshop will provide strategies for dealing with and getting through some of life’s difficulty challenges. This is an EOPS sponsored workshop and is open to students and staff. Presenter: Balbina Chaderjian

Feb 11  M  12:00-1:00  DVD: Stress, Learning & Memory (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Feb 11  M  2:00-3:30  Did you know? “YOU are a Mandated Reporter” (LRC125)
On January 1, 2013 a new law went into effect adding employees and administrators of public or private postsecondary institutions as Mandatory Reporters. California mandates that any acts involving anyone under the age of 18 (physical abuse, sexual abuse, emotional abuse and neglect) must be reported to law enforcement and/or child welfare services. You will have the opportunity to learn about Mandatory Reporting and what your obligation is as an LRCCD employee. Please RSVP to Leanne Rogers at x3106.

Feb 13  W  12:00-1:20  Poetic Voices (Recital Hall)
As part of Black History Month observation, several local poets including Laura Cook, Anna Marie Sprowl and Sean King, will participate in a poetry reading. Facilitator: Emmanuel Sigauke

Feb 13  W  2:00-3:30  Sexual Harassment Prevention Training (LRC122)
Can you clearly define sexual harassment and outline your rights and responsibilities with respect to this issue? If not, you are strongly encouraged to attend this workshop to learn more about this very important topic and to become informed about how to respond when you experience or learn about behaviors that are occurring on campus that might constitute sexual harassment.

Feb 13  W  2:30-3:50  Vista Film: Journey to Mecca—In the Footsteps of Ibn Battuta (ART605)
The amazing story of Ibn Battuta, the greatest explorer of the Old World, following his first pilgrimage from Tangier to Mecca (1325-1326). His perilous journey resonates with adventure while presenting an unforgettable picture of Islamic civilization during the 14th century, culminating with Ibn Battuta’s first Hajj. Hosted by: Anni Trent

Feb 20  W  10:30-11:30  Resume & Cover Letter Writing (Orchard)
Join students and learn how to write an effective cover letter and resume. Presenter: Anna Davtian

Feb 20  W  1:30-2:50  OneBook: When the Bough Breaks (LRC104)
This film explores how social conditions affect the health of African Americans and the influence of racism even on the wealth of wealthier individuals and families. Scholars believe African American women are at increased risk dur-
WORKSHOPS—CONTINUED

ing pregnancy not because of something innate to their biology but because of the cumulative impact of racism they experience over their lifetime—an impact that can outweigh even the benefits of higher social and class status. Unequal treatment causes anxiety and the release of stress hormones, which over a lifetime of constant activation not only creates wear and tear on the body’s organs and systems, but can trigger premature labor. (29 minute film followed by discussion) Hosted by Jason Newman and Mark Hunter

Feb 21       Th       12:00-1:20       Literary Series: Marcus Crowder (Bookstore)
Marcus Crowder is the theater critic for the Sacramento Bee. Previously he was the Arts Editor at the Sacramento News & Review. He has a BA in English (writing) from UC Davis and a MFA in Screenwriting from the American Film Institute. Additionally, his featuring writing on theater and jazz has appeared in various national magazines including VIA, California and 7x7. His writing on jazz has appears in the SF Bay Guardian and on SF Gate.

Feb 21       T       1:00-2:00       Avoiding Parenting Mistakes (Orchard)
This workshop will provide information how to avoid some of the common parenting mistakes. This is an EOPS Workshop and is open to students and staff. Presenter: Michelle Barkley

Feb 21       Th       3:00-4:20       CASSL Critical Thinking Inquiry Group (LRC122)
The Critical Thinking Inquiry group continues a campus focus on critical thinking in community college. Today’s workshop revisits the college wide “Critical Thinking” student learning outcome and topics tabled from the CASSL Institute. Bring your brilliance and ability to think outside the box about issues in community college. This group will meet over the course of the semester and address topics generated from articles on critical thinking in higher education. This is a group designed for debate style discussion. Topics for the group may include: academic rigor, exam vs. informal writing assignments, fixed learning models, student preparation, student learning outcomes/assessment and the slippery slope and system thinking. Are we part of the problem or the solution? Facilitated by: Colette Harris-Mathews, Ed.D and CASSL Institute participants

Feb 21       Th       7:00-8:30p       Vista Film: Five Broken Cameras (BS112a)
The title refers to the number of cameras it the West Bank Palestinian farmer Emad Burnat to shoot this documentary: all five were rendered useless by Israeli authorities during shooting. Burnat’s film is about his efforts to farm his land - and simply to live - under military occupation. Hosted by Linda Sneed

Feb 22       F       9:00-10:30       Equity Training—Beginning (LRC122)
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This workshop is for employees who have never been equity trained.

Feb 22       F       10:30-12:00       OneBook Faculty Round Table (SOCCR)
This workshop for staff will focus on how to use the OneBook selection, The Omnivore’s Dilemma.

Feb 22       F       10:30-12:00       CASSL Friday Dialogue—Applying Student Learning Through Scholarship (LRC12S)
Friday Dialogues are hosted by CRC staff with expertise in a specific area. Friday dialogues allow the CRC community to discuss topics in an open setting and will occur periodically over the course of the semester. The CASSL Discussion group centers on academic articles that may be presented in an online discussion and during the Friday Dialogue.
Our first dialogue of the spring semester is hosted by CASSL Coordinator Colette Harris-Mathews and extends the question of, “What is our role in preparing a work ready student?”
Feb 25  M  12:00-1:00  DVD: Stress, Judgment, and Impulse Control (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Feb 25  M  7:30-8:30p  Vista Film—Koran by Heart (L111)
In this documentary, three 10-year old youth leave their native countries to participate in one of the Islamic world’s most famous competitions, a test of memory and recitation known as “The International Holy Koran Competition in Cairo.” The three finalists, from Senegal, Tajikistan, and Maldives recite, offering a compelling glimpse into pressure faced by the next generation of Muslims, caught between moderate and fundamentalist views of Islam. Hosted by Rosalie Amer

Feb 26  T  2:00-3:00  Conducting Your Course-Level SLO Assessment (LRC122)
Did your course-level SLO assessment not go as well as you had hoped last semester, or are you simply wanting to brainstorm some other assessment strategies? Come and join us to discuss the course SLO assessment process. Bring your SLOs and any results you might have collected last semester, and we can work together to plan your assessment strategy this semester. The day or time not working for you? Contact the workshop facilitator, Scott Crosier (crosies@crc.losrios.edu) and schedule a personal workshop.

Feb 27  W  10:00-1:00  Black History Month—Black Museum (Orchard)
Brad Schall, Past National Commander of the Sons of Union Veterans of the Civil War will lead a brief discussion on the topic and of Black Soldier participation in the Grand Army of the Republic after the war. Civil war artifacts and memorabilia will be on display. Facilitator: Teresa Aldredge

Mar 1  F  2:00-3:00  Interview Basics (SCI215)
Join students and learn what to do and say during a job interview. Presenter: Anna Davtian

Mar 4  M  10:30-12:00  Equity Training Fundamentals—Classified Focus (LRC122)
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This workshop is for classified employees who have never been equity trained.

Mar 4  M  12:00-1:00  DVD: Stress, Sleep & Lack of Sleep (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Mar 4  M  12:00-1:20  Rising from the Ashes—Women in Rwanda Film (LRC104)
Film and discussion regarding the remaking of society in post-genocide Rwanda. This event is part of Women's History Month observation. Presenter: Mathilde Mukantabana
WORKSHOPS—CONTINUED

Mar 5  T  5:00-7:00p  Born into Brothels Film (L111)
An Oscar Winning documentary that is set in Calcutta’s notorious red-light district, *Born Into Brothels* explores several unforgettable children whose mothers are working as prostitutes. Zana Briski, a New-York-based photographer living and documenting life in the brothels decides to teach them photography. The film captures the children as they begin to record their world through their new and awakened eyes and realize their self-worth. Sensitive and young viewers should be advised that there is graphic dialog in parts of the film. Hosted by: Kathryn Mayo

Mar 6  W  12:00-1:20  Women’s History Month Keynote Speaker (Recital Hall)
Keynote lecture: From Primatology to Neuroscience: A Female Scientist’s Journey through Academic and Beyond. Jen Pokorny, Ph.D. is a postdoctoral researcher at UC Davis, most recently investigating brain functioning of children and adolescents with autism. She has an overarching interest in examining social cognition within an evolutionary, developmental and comparative context. She is also passionate about science education and raising scientific literacy by using interactive techniques to motivate children to explore and investigate the world around them. Dr. Pokorny will be talking about her research as well as her experience as a female scientist along her varied career path.

Mar 6  W  2:00-3:00  Did you know? “YOU are a Mandated Reporter” (LRC125)
On January 1, 2013 a new law went into effect adding employees and administrators of public or private postsecondary institutions as **Mandatory Reporters**. California mandates that any acts involving anyone under the age of 18 (physical abuse, sexual abuse, emotional abuse and neglect) must be reported to law enforcement and/or child welfare services. You will have the opportunity to learn about Mandatory Reporting and what your obligation is as an LRCCD employee. Please RSVP to Leanne Rogers at x3106.

Mar 6  W  3:00-4:20  OneBook: My Baby or My Life (LRC105)
A pregnant woman discovers that she also has cervical cancer in the 19th week of her pregnancy. She faces a monumental dilemma, should she terminate her pregnancy so that she can undergo treatment for the fast-growing tumor or should she continue her pregnancy and allow the cancer to go untreated for a further few weeks—which might give her baby a chance of survival but also might cause her own death? The program also looks at the case of another woman who was diagnosed with cervical cancer and then accidentally became pregnant. This event is also part of Women’s History Month observation. (64 minute film followed by discussion) Hosted by Shannon Mills

Mar 7  Th  10:00-11:00  Did you know? “YOU are a Mandated Reporter” (LRC125)
On January 1, 2013 a new law went into effect adding employees and administrators of public or private postsecondary institutions as **Mandatory Reporters**. California mandates that any acts involving anyone under the age of 18 (physical abuse, sexual abuse, emotional abuse and neglect) must be reported to law enforcement and/or child welfare services. You will have the opportunity to learn about Mandatory Reporting and what your obligation is as an LRCCD employee. Please RSVP to Leanne Rogers at x3106.

Mar 7  Th  12:00-1:00  Live Long, Live Strong Lunch Series (Cafeteria)
Join Cori Burns for an informal conversation about topics important to women’s health. Bring your lunch and your questions! This event is part of Women’s History Month observation.

Mar 8  F  11:00-12:30  Under the Microscope—Women as Research Subjects (BS129)
"Under the Microscope: Women as the Subject of Research" is a panel highlighting scientific discoveries about women. Hosted by a psychologist, an anthropologist and a political scientist, the panel will address research focusing on some of women’s physical, emotional and social attributes. This event is part of Women’s History Month observation. Facilitated by Beth Huffman, Jeanne Edman and Lauren Taylor
Mar 8  F  11:00-1:00  Get Your Geek On: NPR’s Science Friday (LRC103)

*Science Friday* is a weekly science talk show, broadcast live over public radio stations nationwide as part of NPR’s ‘Talk of the Nation’ programming. Each week, we focus on science topics that are in the news and try to bring an educated, balanced discussion to bear on the scientific issues at hand. Panels of expert guests join *Science Friday’s* host, Ira Flatow, a veteran science journalist, to discuss science - and to take questions from listeners during the call-in portion of the program. Come join us as we learn together.

Mar 8  F  1:00-2:00  Dealing with Life’s Difficult Challenges Followup (BS112a)

This workshop is a followup to the one held on February 8th, but all are welcome to attend. This is an EOPS sponsored workshop. Presenter: Balbina Chaderjian

Mar 8  Th  3:00-5:00  CASSL Viewing & Discussion of “American Teacher” (LRC125)

View and Discuss “American Teacher” with CASSL staff and colleagues. We will watch key excerpts and apply “American Teacher” to community college faculty. How do we continue to build on the K-12 conversation of education reform and thinking? [http://www.youtube.com/watch?v=dzvD9v7CbEE](http://www.youtube.com/watch?v=dzvD9v7CbEE)

Mar 11  M  12:00-1:00  DVD: Stress & Aging (LRC125)

This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Mar 12  T  12:00-1:20  Contraceptives (Recital Hall)

This lecture by James Frazee will focus on the history and development of the oral contraceptive by Dr. John Rock and colleagues. Social and individual changes will be discussed concerning women’s equality in the workplace and broader culture.

Mar 13  W  12:00-1:00  Live Long, Live Strong Series—Womens’ Nutrition (Cafeteria)

Join Timaree Hagenburger for an informal conversation about topics important to women’s nutrition. Bring your lunch and your questions! This event is part of Women’s History Month observation.

Mar 13  W  3:00-4:30  Women in Math & Science Panel Discussion (SCI308)

This event is part of Women’s History Month. Facilitator: Mary Martin

Mar 14  Th  3:00-4:20  Veil of Dreams—Women’s Soccer/Islam (LRC105)

Exploring a clash between sacred customs and contemporary athletic aspirations, this program follows an Iranian women’s soccer team daring to push traditional limits and pursue victories both on and off the field. Interviews with players and their families are combined with commentary by supporters of the sport as well as cultural leaders in the wider region. This event is part of Women’s History Month. Facilitator: Liz Belyea

Mar 15  F  11:00-1:00  Get Your Geek On—NPR’s Science Friday (LRC103)

*Science Friday* is a weekly science talk show, broadcast live over public radio stations nationwide as part of NPR’s ‘Talk of the Nation’ programming. Each week, we focus on science topics that are in the news and try to bring an educated, balanced discussion to bear on the scientific issues at hand. Panels of expert guests join *Science Friday’s* host, Ira Flatow, a veteran science journalist, to discuss science - and to take questions from listeners during the call-in portion of the program. Come join us as we learn together.
WORKSHOPS—CONTINUED

Mar 18  M  9:00-10:20  Pinochet’s Chile: Women’s Resilience /Innovation (Recital Hall)
This event is part of Women’s History Month. Facilitator: Alex Peshkoff

Mar 18  M  12:00-1:20  Body Image, Disordered Eating & Exercise Perfectionism (BS129)
Women have been found to be at higher risk for eating disorders than men. This presentation will focus on the relationship between body dissatisfaction, exercise perfectionism, and disordered eating among women. Participants will have the opportunity to examine their own eating attitudes and body perceptions, and compare their responses with both male and female participants from several cultural groups. This event is part of Women’s History Month observation. Presenter: Jeanne Edman

Mar 18  M  12:00-1:00  DVD: Understanding Psychological Stress (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Mar 19  T  3:00-4:20  Film: The Pill (LRC105)
In May 1960, the FDA approved the sale of a pill that arguably would have a greater impact on American culture than any other drug in the nation’s history. Although a backlash was expected, as soon as the drug hit the market, there was very little protest. In fact, within five years, more than six million American women would make it part of their daily lives. The Pill, from the PBS American Experience collection, reveals the forgotten story of how two elderly and defiant women—a scientist and a physician—unleashed a social revolution. Told in the words of the first generation of pill users, now in their 60s and 70s, the film is a compelling account of a society in transition. This event is part of Women’s History Month observation. Facilitator: James Frazee

Mar 19  T  2:30-4:00  Equity Training—Advanced (LRC122)
Equity training equips participants with the understanding and tools needed to facilitate a hiring process that is free from bias. As a reminder, recertification of equity training is required every two years in order for you to serve as an equity representative on a hiring panel. This is for people who have already attended equity training.

Mar 19  T  4:00-7:00  Film: What Remains (L111)
“What Remains” is an intimate and detailed look at the creative process of the photographic artist Sally Mann who is acknowledged as one of America’s finest and most controversial photographers. In this documentary, she discusses her work and her project examining death and decay. As one of the world’s preeminent photographers, Sally Mann creates artwork that challenges viewers' values and moral attitudes. Described by Time magazine as “America's greatest photographer,” she first came to international prominence in 1992 with Immediate Family, a series of complex and enigmatic pictures of her three children. What Remains--Mann’s recent series on the myriad aspects of death and decay--is the subject of this eponymously titled documentary. Sensitive and young viewers should be aware that there are very graphic scenes in portions of this film. Part of Women’s History Month observation. Facilitator: Kathryn Mayo
Mar 20  W  1:30-2:50  Vista Film— Persepolis (LRC104)
Persepolis is a 2007 French animated film based on Marjane Satrapi’s autobiographical graphic novel of the same name. The film was written and directed by Satrapi with Vincent Paronnaud. The story follows a young girl as she comes of age against the backdrop of the Iranian Revolution. The story ends with Marjane as a 24-year-old expatriate. This event is part of Women’s History Month observation. Hosted by: Kathy McLain

Mar 20  W  5:00-6:00p  CASSL Culturally Relevant Engagement Group (LRC 125)
CRC values cultural competence. This workshop is designed to provide further tools for you to use in the classroom or your current position. Today’s session is specifically scheduled for adjunct faculty, however all are welcome! We will continue the conversation incorporating student-centered, constructivist and active learning strategies from Paulo Freire, John Dewey and Lev Vygotsky. Bring questions and practices that are working in your classroom or position on campus.

Mar 21  Th  9:00-10:20  Gendered Archaeology Lecture (LRC105)
Join Jeremy Foin, Doctoral student at UC Davis as he talks about unlocking women’s activities in the archaeological record in the Arctic. This event is part of Women’s History Month observation.

Mar 21  Th  12:15-1:15  Vista Film—The Mosque in Morgantown: Two Years in the Life of An American Muslim Community (L111)
When former Wall Street Journal journalist Asra Nomani returns to her hometown mosque in Morgantown, West Virginia, after working in Pakistan, she encounters exclusion of women, intolerance towards those of other faiths, and suspicion of the West. She initiates a campaign to move mosque practices into contemporary times, triggering a battle between modern versus traditional cultural ways. Hosted by Rosalie Cuneo Amer

Mar 21  Th  6:30-7:30p  Vista Film—Rights & Wrongs—the Story of Women in Islam (L111)
Renowned Muslim female and male scholars and journalists address how the Qur’an has been interpreted by men to suppress women, while when it was revealed it represented an enlightened approach to women. The film alternates between the history of the Prophet Muhammad and his wives and daughters, issues facing Muslim women today – from wearing the hijab, to mosque prayer, and attitudes towards domestic violence and honor killings. Hosted by Rosalie Cuneo Amer

Mar 22  F  10:30-12:00  CASSL Dialogue Applying Student Learning Through Scholarship (LRC125)
Friday Dialogues are hosted by CRC staff with expertise in a specific area. Friday dialogues allow the CRC community to discuss topics in an open setting and will occur periodically over the course of the semester. Today’s dialogue features a conversation about student goals and motivation. An excerpt from Carol Dweck’s book “Mindset: The New Psychology of Success” provides a context for this dialogue.

Mar 22  F  11:00-1:00  Get Your Geek On—NPRs Science Friday (LRC103)
Science Friday is a weekly science talk show, broadcast live over public radio stations nationwide as part of NPR’s ‘Talk of the Nation’ programming. Each week, we focus on science topics that are in the news and try to bring an educated, balanced discussion to bear on the scientific issues at hand. Panels of expert guests join Science Friday’s host, Ira Flatow, a veteran science journalist, to discuss science - and to take questions from listeners during the call-in portion of the program. Come join us as we learn together.

Apr 1  M  12:00-1:00  DVD: Psychological Modulators of Stress (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter
WORKSHOPS—CONTINUED

**Apr 3**  W  2:00-3:00  **Did you know? “YOU are a Mandated Reporter” (LRC125)**
On January 1, 2013 a new law went into effect adding employees and administrators of public or private postsecondary institutions as Mandatory Reporters. California mandates that any acts involving anyone under the age of 18 (physical abuse, sexual abuse, emotional abuse and neglect) must be reported to law enforcement and/or child welfare services. You will have the opportunity to learn about Mandatory Reporting and what your obligation is as an LRCCD employee. Please RSVP to Leanne Rogers at x3106.

**Apr 4**  Th  10:00-11:00  **Did you know? “YOU are a Mandated Reporter” (LRC125)**
On January 1, 2013 a new law went into effect adding employees and administrators of public or private postsecondary institutions as Mandatory Reporters. California mandates that any acts involving anyone under the age of 18 (physical abuse, sexual abuse, emotional abuse and neglect) must be reported to law enforcement and/or child welfare services. You will have the opportunity to learn about Mandatory Reporting and what your obligation is as an LRCCD employee. Please RSVP to Leanne Rogers at x3106.

**Apr 5**  F  1:00-2:00  **Everybody Needs Physical Fitness (Orchard)**
This workshop will present information on how to keep fit! This is an EOPS sponsored workshop and is open to students and staff. Presenter: Travis Parker

**Apr 8**  M  12:00-1:00  **DVD: Stress & the Biology of Depression (LRC125)**
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

**Apr 11**  Th  3:00-4:30p  **CASSL Hosts OneBook In Your Classroom (LRC125)**
Join the conversation! Faculty are incorporating the CRC One Book Project in their classroom. Faculty from Communication Studies, Humanities, History, Library Science, Anthropology and other disciplines present OneBook activities and assignments addressing student learning outcomes. Brainstorm ideas that you may use for this project in the future. We will also discuss themes of the current book and brainstorm ideas for the fall 2013 book the Omnivore’s Dilemma.

**Apr 12**  F  2:00-3:00  **Veterans Resume Makover (Sci215)**
Join students and learn how to help veterans transition their resumes from the military to the civilian workplace. Presenter: Anna Davtian

**Apr 15**  M  12:00-1:00  **DVD: Stress and the Psychology of Depression (LRC125)**
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

**Apr 16**  T  7:00-9:00p  ** Literary Series: VS Chochezi and Staajabu (Bookstore)**
V.S. Chochezi has performed at hundreds of venues, often with her mother Staajabu as half of the spoken word poetry duo Straight Out Scribes. The duo self-published several poetry collections and two poetry cds with music. Chochezi is an educator and holds a bachelor’s degree in journalism from Delaware State University and a master’s degree in communication students from CSU, Sacramento yet often incorporates Ebonics and street slang dialect into her speech writing. Her mother, Staajabu is an accomplished writer, graphic artis, poet, prision rights activist, Air Force veteran and retired administrative assistant.
Apr 17  W  3:00-5:00  OneBook: The Truth About Cancer Film (BS129)
An eye opening special that seeks to answer the provocative questions, why does anyone still die of cancer? Told in the first person by award winning filmmaker Lida Garmon, the Truth About Cancer shared the personal story of her own husband’s battle with cancer. Garmon returns to the same Boston-area hospitals at which her husband was treated, and exposes startling truths about survival rates of metastasized cancers and the limited success of drugs and clinical trials, interwoven throughout are the stories of three additional cancer patients and their families and doctors as they navigate the deeply personal decisions surrounding the disease. The documentary also follows several medical professionals working to promote screening, research the latest developments in cancer treatment and help patients and their families live with the cancer diagnosis. (90 minute film followed by discussion) Hosted by Steven Coughran

Apr 22  M  9:00-11:30  Sexual Harassment Prevention Training (LRC122)
Can you clearly define sexual harassment and outline your rights and responsibilities with respect to this issue? If not, you are strongly encouraged to attend this workshop to learn more about this very important topic and to become informed about how to respond when you experience or learn about behaviors that are occurring on campus that might constitute sexual harassment.

Apr 22  M  12:00-1:00  DVD: Anxiety, Hostility, Repression & Reward (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Apr 22  M  3:00-4:20  CASSL Innovation Grant Presentations (LRC125)
Facilitator: Colette Harris-Mathews, CASSL Coordinator/Former CASSL Innovation Grant Recipient
Hear past innovation grant awardees speak about their grants and the results of their grant project. The facilitator will also present innovation projects from other community colleges in the areas of sustainability, culturally relevant pedagogy, hip hop in the classroom and veteran services.

Apr 23  T  2:00-3:00  Course-Level SLO Assessment Follow-up (LRC122)
How is your spring semester course SLO assessment working for you? Let’s check in and discuss any concerns that you might have or strategies that might work better for you, your class or your students. The day or time not working for you? Contact the workshop facilitator, Scott Crosier (crosies@crc.losrios.edu) and schedule a personal workshop.

Apr 26  F  10:30-12:00  CASSL Friday Dialogue—Applying Student Learning Through Scholarship (LRC125)
Friday Dialogues are hosted by CRC faculty and staff with expertise in a specific area. Friday dialogues allow the CRC community to discuss topics in an open setting and will occur periodically over the course of the semester. Today’s Friday Dialogue is hosted by faculty actively assessing their course SLOs. Learn and discuss assessment strategies in the classroom that are guiding student success and apply to your discipline. Scholarship supporting (and refuting) teaching outcomes will be explored

Apr 26  F  1:00-2:00  Self Defense (Orchard)
This workshop will provide you with some self-defense moves. This is an EOPS sponsored workshop and is open to students and staff. Presenter: John Adams
WORKSHOPS—CONTINUED

Apr 26  F  2:00-3:00  Resume & Cover Letter Writing (SCI215)
Join students and learn how to write an effective cover letter and resume. Presenter: Anna Davtian

Apr 29  M  12:00-1:00  DVD: Stress, Health & Low Social Status (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Apr 29  M  3:00-4:20  Culturally Relevant Student Engagement (LRC122)
This workshop continues the culturally relevant pedagogy conversation and application. What are you doing in your classroom or your position to incorporate culturally relevant practices? Build your teaching/application toolkit with colleagues. Today participants will discuss the role of active learning in the classroom. Participants will explore active learning assignments across disciplines. Hosted by Culturally Relevant Student Engagement Group

May 6  M  12:00-1:00  DVD: Stress Management—Clues to Success? (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

May 7  T  7:00-8:30p  Literary Series: 7th Annual Journal Contributors’ Reading (TBD)
Join us for a group reading by contributors to the latest edition of the Cosumnes River Journal. This reading features student writers and artists along with the general community.

May 10  F  10:30-12:00  Friday Dialog: Student Stress & Your Stress (LRC 125)
Stress... Today we will look at scholarship associated with student and faculty stress. We will practice stress management strategies. Wear comfortable clothing as we learn and practice yoga. Today’s workshop will feature a certified yoga instructor and health specialist.

May 13  M  12:00-1:00  DVD: Stress Management—Approaches & Cautions (LRC125)
This workshop is part of a series of DVDs on Stress. Participants will watch a DVD of Professor Robert Sapolsky, a Stanford University Neuroscientist, on the topic indicated then discuss ways in which stress impacts them. Facilitator: Sandra Carter

Thank you to all presenters!
PROFESSIONAL DEVELOPMENT FUNDING GUIDELINES 2012-2013

Eligibility: all permanent employees (administrators, classified staff and faculty). Adjunct faculty proposals are reviewed on a case by case basis.

Allowable Activities: group projects, colloquia, individual conference/workshop attendance, technology training, and leadership training. Participation in the activity must improve the employee’s ability to do his/her job and thus indirectly benefit students.

Guidelines:

Funds cannot be used for those activities that are a regular, routine task as delineated in the employee job description and/or those requirements that are mandated to retain employment.

Additional Funding Sources:

NFRN/VTCA—Vocational Funds—the PD Committee makes recommendations to the Dean of Instruction & Student Learning concerning professional development that is critical to vocational programs such as faculty and staff attendance at vocationally-related conferences and activities. LRCEA Funds—The PD Committee makes recommendations to a subcommittee of LRCEA members regarding granting additional funding to LRCEA members.

Timelines—when do we need it?

Proposals are submitted via e-mail only and should be received 30 days in advance of your activity IF your attendance at the activity is contingent upon your receipt of PD funding. Additional time (and President and Chancellor approval) is needed if your event is out-of-state. The committee is not available for voting during the summer (June/July) and the winter break.

Accountability—What We Expect

If funded, you will be required to submit a report of your activity and share information in some way with the College (through a news article, department meeting of future flex workshop). Failure to turn in the report and/or share the ideas may remove you from future consideration of funding.

Level of Support—How much will we award?

The PD Committee has limited funds. Do not assume that your proposal will be funded at the amount you request. Permanent employees may request and be awarded up to $400 per academic year. There is no longer a presenter’s stipend.

Eligible Expenses:

- Registration fees—late fees will be funded only if justification is provided.
- Transportation costs—lowest cost of travel (airfare or mileage whichever is cheapest); hotel accommodations (funded at a maximum of the conference rate and not for additional nights); meal costs not covered by registration fees (see back of travel authorization for current rates). Additional rates for single occupancy will not be funded.
- For those events within the Greater Sacramento area, only those costs that are above and beyond an employee’s normal costs will be approved. Thus, please don’t submit for mileage that you’d normally incur by driving to CRC.

For more information, see the PD website or contact Nancy Edmonson x7329.
The Back Page.....Miscellaneous Info!

IT Orientation is now available online!

http://www.crc.losrios.edu/Faculty_and_Staff/Shared_Governance_and_Other_Committees.htm

http://crc.losrios.edu/dems/swf/ITorientationNewFaculty.html

For the spring 2013 semester, contact Gregory Beyrer to schedule a topic and time that work for you for individualized training. Training slots are generally available from 9am to 4pm weekdays. In addition, keep an eye on this page for online workshops and other training events for CRC faculty and staff

Webinar Archives

A Revolution in Learning: Community College Consortium for Open Education Resources (2 May 2012)
Keep Students Engaged in your Online Courses (20 April 2012)
Alternative Assessments with Technology (14 March 2012)
Forcing Practice Quizzes in Desire2Learn (13 March 2012)
Dropbox in Desire2Learn (6 March 2012)
Using Google+ in Education (6 March 2012)
Virtual Presentation Skills (2 March 2012)
Quicklinks in Desire2Learn (21 February 2012)
Intelligent Agents and Notifications in Desire2Learn (14 February 2012)
Teaching on the Move: Integrating Student’s Smart Phones into your Courses (14 February 2012)
Visual Thinking: From Free to Photoshop (11 May 2011)
Upgrading Grading: Personalizing Feedback without Writing a Word (3 May 2011)
Get to the Point Fast with Pecha Kucha (13 April 2011)
Visual Thinking: Put Brainstorming on Steroids with MindMapping (24 March 2011)
Visual Thinking: Start Inspiring your Students by Using Visuals (30 March 2011)
Smashwords: Publish Your Own eBook or Reader (16 Feb. 2011)