

County of Sacramento
Department of Health & Human Services
Prevention and Early Intervention (PEI) Services and Mental Health Respite Services Provider List
7/1/2016

Please contact the agency directly to access services. For more information about Sacramento County's Mental Health Plan Medi-Cal Provider List, please contact Member Services at (916) 875-6069 or toll free at 1-888-881-4881. ***Bold type indicates culture/ethnic-specific provider***

Prevention and Early Intervention Programs

Name	Address	Phone	Provider Characteristics	Population	Linguistic/Cultural Capacity	Specialties
Organizational Providers						
Suicide Prevention Project						
WellSpace Health	1820 J Street Sacramento, CA 95811	(916) 368-3111 or (800) 273-8255	Call provider directly to access services	All Ages	Use of interpreters for languages other than English	Suicide Prevention Crisis Line
		(916) 368-3118				Postvention Counseling Services
Friends for Survival	2628 El Camino Avenue, Ste. D-1 Sacramento, CA 95821	(916) 392-0664	Call provider directly to access services	All Ages	Use of interpreters for languages other than English	Suicide Bereavement Support Groups & Grief Services
Mental Health America of Northern California	1908 O Street Sacramento, CA 95811	(916) 366-4668	Call provider directly to access services	Adults	Spanish, Russian, Chinese, Hmong	Suicide prevention education, outreach & engagement
		(916) 855-5444		Age 55+	Russian, Spanish, Punjabi, Laotian, Navajo, French, Ukrainian, Japanese	Suicide prevention education, outreach & engagement
Children's Receiving Home	3555 Auburn Blvd. Sacramento, CA 95821	(916) 482-2370	Call provider directly to access services	Youth ages 12- 25; LGBTQ; foster and homeless youth	Use of interpreters for languages other than English	Suicide prevention education, outreach & engagement LGBT Youth Specialty
La Familia Counseling Center	3301 37th Ave. Sacramento, CA 95824	(916) 452-3601	Call provider directly to access services	Spanish Speaking/ Latino Community, All Ages	Spanish	Suicide prevention education, outreach & engagement Latino Cultural Specialty

Slavic Assistance Center	2117 Cottage Way Sacramento, CA 95825	(916) 925-1071	Call provider directly to access services	Russian Speaking/ Slavic Community, All Ages	Russian	Suicide prevention education, outreach & engagement Russian Speaking/Slavic Community Cultural Specialty
G.O.A.L.S. For Women	1217 Del Paso Blvd. Suite A Sacramento, CA 95815	(916) 993-7710 Or (916) 993-7712	Call provider directly to access services	African American Community, All Ages	Use of interpreters for languages other than English	Suicide prevention education, outreach & engagement African American Cultural Specialty
Sacramento Native American Heath Center	2020 J Street Sacramento, CA 95811	(916) 344-0575	Call provider directly to access services	Native American Community, All Ages	Spanish	Suicide prevention education, outreach & engagement Native American/Indian Cultural Specialty
Asian Pacific Community Counseling	7273 14th Ave, Suite 120-B Sacramento, CA 95820	(916) 383-6784	Call provider directly to access services	Hmong, Vietnamese and Cantonese Communities	Hmong, Vietnamese, Cantonese	Suicide prevention education, outreach & engagement API (Cantonese, Hmong, Vietnamese Cultural Specialty)
Mobile Crisis Support Teams	Contact program for more information	For program information: (916) 874-6057	Access through law enforcement dispatch	All Ages	Use of interpreters for languages other than English	Mobile Crisis Assessment and intervention
Community Support Team	3321 Power Inn Road, Suite 110 Sacramento, CA 95826	(916) 874-6015	Call provider directly to access services	All Ages	Spanish	Crisis intervention, resources & education
Strengthening Families						
Quality Child Care Collaborative	9800 Old Winery Place Sacramento, CA 95827	(916) 369-0191	Call Child Action (Ask for Community Services Dept.)	Birth to age 5		Mental Health consultation for preschool & daycare settings
HEARTS for Kids	7001-A East Parkway, Suite 800 Sacramento, CA 95823	(916) 875-9871	CPS makes a referral to DBHS	Children ages 0-5 placed in protective custody	Use of interpreters for languages other than English	Health exams, mental health services & referrals

eVIBE (Early Violence Intervention Begins with Education)	2750 Sutterville Rd Sacramento, CA 95820	(916) 452-3981	Call provider directly to access services	Children & youth ages 18 years and under and their families or caregivers	Spanish (program materials also available in Hmong, Vietnamese, Cantonese, Russian)	Violence prevention education & outreach
Bullying Prevention Project	Sacramento County Office of Education (SCOE) and all School Districts in Sacramento County	SCOE (916) 228-2542	Call provider directly to access services	Children in 4th, 5th and 6th grades	Use of interpreters for languages other than English	Bullying Prevention Education and Training
Integrated Health and Wellness						
SacEDAPT (Early Diagnosis and Preventative Treatment of Psychotic Illness)	University of California, Davis 2230 Stockton Blvd. Sacramento, CA 95817	(916) 734-7251	Accepting Clients Through Access Team	Youth ages 12-25	Spanish, Mandarin, Punjabi	Assessment, early identification & treatment of the onset of psychosis
SeniorLink	El Hogar 3870 Rosin Court, Ste. 130 Sacramento, CA 95834	(916) 3697872	Call provider directly to access services	Age 55+	Spanish, Hmong, Russian	Outreach, education & connection to resources

Mental Health Respite Services

Name	Address	Phone	Provider Characteristics	Population	Linguistic/Cultural Capacity	Specialties
Organizational Providers						
Capital Adoptive Families Alliance	www.capadoptfam.org	(916) 880-0234 Or (916) 671-2030	Accepts referrals from adoption agencies, provider agencies, and self-referrals via phone, email, and social media	Parents of adopted children with SED	Use of interpreters for languages other than English	Family respite camp and planned activities for adoptive parents and their children with complex mental health needs
Del Oro Caregiver Resource Center	8421 Auburn Blvd, Suite 265 Citrus Heights, CA 95610	(916) 728-9333	Accepting clients through self-referral via phone	Caregivers of Adults and Caregivers of Older Adults	Spanish, Mien	Crisis respite care and respite counseling for caregivers

Turning Point Community Programs – Abiding Hope Respite House	Contact program for more information	(916) 287-4860	Accepting clients through referrals from emergency rooms, law enforcement, outpatient case managers, shelters, and self-referrals.	Adults and Older Adults in or at risk of mental health crisis	Spanish, and Vietnamese	Peer-directed crisis respite services
Iu-Mien Community Services	<i>Respite services provided at:</i> Lemon Hill Community Room 6000 Lemon Hill Ave Sacramento, CA 95824	(916) 383-3083	Accepting clients through referrals via phone or email, including self-referrals	Youth through older adults.	Mien	Intergenerational respite support Iu-Mien Cultural Specialty
Saint John's Program for Real Change	Contact program for more information	(916) 453-1482	Accepting clients through referrals from psychiatric hospitals, hospitals, WEAVE, other mental health providers, and governmental agencies	Women in mental health crisis, including women with children	Language capacity of intern volunteers (currently Hindi, Samoan, Spanish, and Vietnamese). Non-English language capacity subject to change depending on staff turnover.	Short-term respite and on-site support services
TLCS, Inc. – Mental Health Crisis Respite Center	Contact program for more information	(916) RESPITE (916) 737-7483	Accepting clients through telephone self-referral and community referrals	Adults	Russian, Spanish, Hmong, Mien, French	24 hour/7 day a week mental health crisis respite services
Wind Youth Services	3671 5 th Ave Sacramento, CA 95817	(916) 561-4900	Accepting clients through referrals via phone or email, including self-referrals	Youth ages 13-25 who are homeless or at-risk of homelessness in or at risk of mental health crisis	Spanish	Drop-in respite

Sacramento LGBT Community Center: Q Spot	1927 L Street Sacramento, CA 95811	(916) 442-0185	Accepting clients through referrals via phone or email, including self-referrals	LGBT Youth ages 13-23 in or at risk of mental health crisis	Use of interpreters for languages other than English	Drop-in respite and support groups
A Church for All: Ripple Effect	2700 L Street Sacramento, CA 95816	(916) 917-5896	Accepting clients through referrals via phone or email, including self-referrals	Adults in or at risk of mental health crisis	Spanish	LGBTQ-friendly drop-in respite
Gender Health Center; Danielle's Place	2020 29 th Street Suite 201 Sacramento, CA 95817	(916) 455-2391	Accepting clients through referrals via phone or email, including self-referrals	Transgender adults in or at risk of mental health crisis	Spanish	Transgender-centered drop-in respite
Sacramento LGBT Community Center: Lambda Lounge	1927 L Street Sacramento, CA 95811	(916) 442-0185	Accepting clients through referrals via phone or email, including self-referrals	LGBTQ adults in or at risk of mental health crisis	Use of interpreters for languages other than English	LGBTQ-friendly planned and drop-in respite