

A Focus4Women Presents



Wellness Part II

Emotional health will be the focus of the day with workshops in nutrition, sexual harassment, self-defense and leadership.

Saturday, October 6, 2018

UCD Medical Center, 8:00 AM–4:30 PM

Transportation is provided for students and staff

Check-in begins at 7:00 AM in front of the Recital Hall

Bus leaves campus at 8:00 AM and returns to campus around 5:00 PM

Continental breakfast and lunch will be provided

Sign up starts Friday, August 17 in the EOPS Office, L-106

\$10 Non-refundable registration fee

REGISTRATION DEADLINE: WEDNESDAY, OCTOBER 3 by 4:00 PM

Current CRC ID required.



CRC CULTURAL
COMPETENCE &
EQUITY COMMITTEE

